

What I Need to Participate

As the 2011-12 school year winds to a close, it might seem like a good time to take a deep breath and relax. The period between the end of one season and the beginning of a new one is a good time to recharge ones' batteries.

It is also a good time to start thinking about what one might need to be ready to begin next year. July 15 (the official start day for all fall sports' practices) will be here before you know it. Preparing now can prevent stress as the first day of practice approaches.

Paperwork

Every student must complete the following requirements before being allowed to practice or play any sport:

State Required Forms:

Sports Physical – A complete sports physical examination must be completed before a student will be allowed to partake in any physical activity for any sport. This includes pre-season conditioning. All sports physicals are good for one calendar year from the date they were given. Most physicians and clinics will have access to the KHSAA's physical form. The sports physical form is also on the www.jcpsathletics.com website.

Permission to Treat Form – Each parent must fill out and sign the Emergency permission form, also found at the above link. This is very important and gives medical personnel permission to treat your student in case of emergency if you can't be reached immediately.

Consent to Participate - Parents also must complete and sign a form which gives their consent to allow their students to participate in athletics. This form also has a spot for information regarding the parent's primary health insurance carrier.

In addition to the forms above that are required for any athlete in the state, the following steps must be taken by all participants within the Jefferson County Public School System:

Secondary Insurance Premium – All JCPS students are required to pay a secondary insurance premium of \$20. This can be paid as a \$5 tryout fee, with the balance due once a student makes a team.

JCPS Addendum to KHSAA Physical Form – This form must be filled out by the parent and reviewed and signed by a physician. It is to insure that coaches are aware of any medications that a student might be taking.

JCPS Parent Permission/Release – This form is to insure that parents and students have completed all requirements and have read and understand the KHSAA rules and regulations.

Sports Safety Video Signature Form – All students (every year) and parents (once per student's career) must view the sports safety video and return the signature page to the school. You can access this video going to www.jcpsathletics.com and clicking on the High School tab at the top of the page.

It is important to remember that while all the above requirements encompass all JCPS athletes, each school may have individual requirements not listed. Please contact your coach and Athletic Director if you have any questions.

All the above forms can be accessed through your school's Athletic Director, or by going to www.jcpsathletics.com and clicking on the forms tab at the top of the page.